

BOOK REVIEW

Management of Chronic Conditions in the Foot and Lower Leg. Keith Rome, Peter McNair, pp. 272, Hardcover, 2014. Price \$63.08. I SBN-13: 978-0702047695: ISBN-10: 0702047694. Churchill Livingstone c/o Elsevier Ltd, London, United Kingdom

This book presents an overview of relevant knowledge about chronic conditions of the foot and lower leg. It deals with frequent foot or lower leg pathologies: osteoarthritis, rheumatic diseases, gout, several foot syndromes and cerebral palsy.

Complete and comprehensive information is provided in each chapter. The reader will appreciate the fact that all the chapters are organized with similar subsections (predisposing factors, diagnosis, management strategies, etc.). Each chapter includes key features about pathologies, with a particular focus on impairments, function and quality of life. An important consideration is devoted to physical, lifestyle and education strategies.

The chapters are comprehensive and extensively referenced. The information is based on recent and abundant up-to-date

data, guidelines and publications. An effort has been made to cite research articles that provide good scientific evidence, and the reader is clearly informed when the efficacy proof level of a given therapy or treatment may be insufficient.

Particularly interesting is the fact that the “Management Strategies” subsections always include different strategies (e.g. physical strategies, surgery, education...). This underlines the importance of multidisciplinary healthcare in chronic conditions (including, e.g., podiatrists, orthotists, surgeons, rheumatologists, physical medicine and rehabilitation (PMR) doctors, physiotherapists, occupational therapists, and technology specialists).

This book provides a comprehensive overview for multidisciplinary clinicians. Because it concerns chronic conditions, it will be particularly useful in the field of PMR.

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