

Melanocyte Metabolites in the Urine of People of Different Skin Colour

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The urinary excretion of 2 melanocyte metabolites was studied in normal people of different skin type. The sulphur-free indole derivative 6-hydroxy-5-methoxyindole-2-carboxylic acid was excreted in larger quantities by people with genetically dark skin, whereas the excretion of 5-S-cysteinyl dopa was not related to pigment type. No correlation between 5-S-cysteinyl dopa and 6-hydroxy-5-methoxyindole-2-carboxylic acid excretion emerged. *Key words: 6-Hydroxy-5-methoxyindole-2-carboxylic acid; 5-S-Cysteinyl dopa; Melanin; Pigment.* (Received January 15, 1985.)

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Skin colour is largely dependent on the quantity and quality of the melanin in the skin. Melanin consists of heterogenous macromolecules formed by dopa oxidation products. Oxidation products of dopa give black, insoluble pigments called eumelanin. Oxidation of dopa in the presence of cysteine gives lighter, soluble polymers called phaeomelanins.

Degradation studies of natural melanins have shown that sulphur is present in all vertebrate melanins (1). Insoluble melanins of the eye too give phaeomelanin products of degradation (2). Electron spin resonance studies on natural melanins from different sources have shown the whole range of melanins including phaeomelanins, eumelanins, and melanins of mixed type (3). The concept of mixed-type melanin with properties of both eumelanins and phaeomelanins is now widely accepted (4).

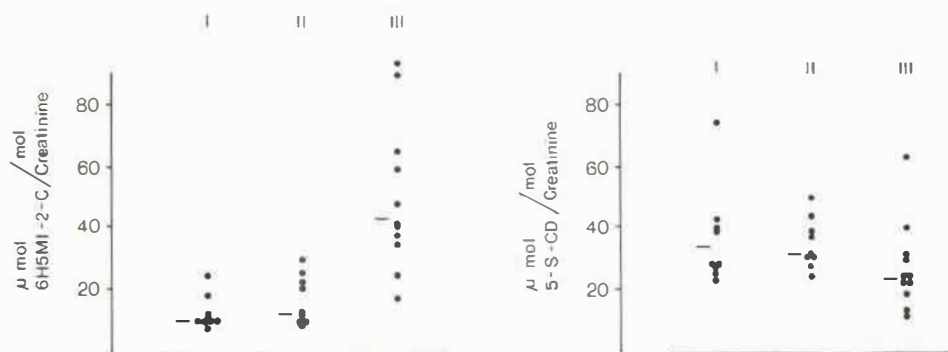


Fig. 1. The concentrations of 6-hydroxy-5-methoxyindole-2-carboxylic acid and 5-S-cysteinyl dopa in the urine of people with red hair and fair skin (Group I), blond hair and fair skin (Group II), and black hair and genetically dark skin (Group III). The median is indicated by a bar.

5-S-Cysteinyl dopa (5-S-CD) is supposed to be the main sulphur-containing building-stone of melanins, whereas carboxylated and decarboxylated indole derivatives are considered to be the major sulphur-free components (5). In combination with established methods for analysing 5-S-CD (6, 7, 8), a recently developed method for analysis of 6-hydroxy-5-methoxyindole-2-carboxylic acid (6H5MI-2-C) (9, 10) has made possible the study of melanocyte activity in genetically different people under normal conditions and in disease states that affect melanin synthesis. The present study is the first investigation on metabolites of both eumelanin and pheomelanin in differently pigmented normal people.

MATERIAL AND METHODS

Twenty-nine healthy people of different skin colour took part in the study. They were divided into 3 groups according to skin and hair pigmentation: Group I, Scandinavians with red hair and fair skin ($n=9$); Group II, Scandinavians with blond hair but more skin pigment than Group I ($n=9$); Group III, Africans with black hair and genetically dark skin ($n=11$). Both sexes were represented in all groups, and the age distributions were similar with mean values of about 30 years. The study was performed in December-January, a period with very little sunshine in this part of Sweden. Urine was collected for 24 hours in plastic bottles containing 50 ml acetic acid and 1 g of sodium metabisulphite. Both 6H5MI-2-C and 5-S-CD were analysed within 24 h.

Analysis of the two melanocyte metabolites was performed by HPLC. 6H5MI-2-C was detected by a fluorescence detector (9, 10), and 5-S-CD by an electrochemical detector (7). 6H5MI-2-C and the two diastereomers of 5-S-CD were synthesized by earlier described methods (9, 8).

The urinary creatinine concentrations were determined at the Department of Clinical Chemistry, University Hospital, Lund.

Wilcoxon's rank sum test was used to test differences between the groups.

RESULTS

Fig. 1 shows the urinary excretion of 6H5MI-2-C and 5-S-CD.

The mean values for 5-S-CD were 36, 34, and 27 $\mu\text{mol/mol}$ creatinine in Groups I, II, and III, respectively. No significant differences between the groups emerged.

The mean values for 6H5MI-2-C were 13, 17, and 50 $\mu\text{mol/mol}$ creatinine in Groups I, II, and III, respectively. The interindividual variations in 6H5MI-2-C concentration were small in Groups I and II, but were greater in Group III. The urinary excretion of 6H5MI-2-C in Group III was significantly greater than that in Groups I and II ($p<0.001$), but there was no significant difference between Groups I and II.

No correlation was found between the indole and cysteinyl-dopa concentrations in individual people.

DISCUSSION

Redheads excrete not only cysteinyl-dopa but also indoles, and Africans excrete not only indoles but also cysteinyl-dopa. The redheads and blonds did not differ with regard to excretion patterns.

Although both the indole derivative and 5-S-cysteinyl-dopa were found in all pigment types studied, distinct differences in their relative concentrations were found. Most of the Africans had higher concentrations of 6H5MI-2-C than did the Scandinavians, but the cysteinyl-dopa concentrations did not differ significantly between the groups.

The absence of any correlation between the indole and 5-S-CD in the people studied is remarkable because it has been shown that stimulation of pigmentation by PUVA leads to increased excretion of both compounds (10). It would therefore seem that the constitutional balance between indoles and cysteinyl-dopas differs from the balance after stimulation of the pigment system.

It should be noted that cysteinyl-dopa is excreted also in the urine of certain albinos (11), and some of the cysteinyl-dopa determined in our subjects may have been of extramelanocytic origin. However, there is evidence that 5,6-DHI-2-C is a product exclusively formed in the melanocyte (12).

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