

Laser and Lights, 4th Edition by G. Hruza & E.L. Tanzi. ISBN: 978-0-3234-8006-2. Elsevier Health Sciences 2017.

The book deals with laser treatment both theoretically and from a practical point of view. Focus is on practical issues. There are also links to videos demonstrating practical handling etc.

The book is a good handbook for dermatologists practicing laser treatment both in health care and cosmetics. The chapters deal with various items from theoretical considerations to practical handling concerning vascular lesions, pigment and tattoos, hair removal, laser resurfacing, cryolipolysis, etc.

The authors state on several occasions that some procedures should be more studied from a scientific point of view. In the cosmetical field, the “market is often ahead of science”. This is understandable as major research effort in dermatology is allocated to skin diseases, not cosmetic procedures.

The illustrations are good as are the videos but in some instances “pre” pictures are underexposed and “after” pictures overexposed giving a false impression of better results than is actually the case.

In summary, the book is a good practical guide to laser procedures with the good addition to videos making it easy to follow.

Olle Larkö

Department of Dermatology

Sahlgrenska Academy – University of Göteborg

SE-413 45 Göteborg, Sweden

E-mail: olle.larko@sahlgrenska.gu.se